

## Liver Heat & Emotions



### The mechanisms of emotions and the roll your liver plays in intensifying them.

*Emotions are not random. When you watched as someone exploded with remarkable intensity, over a slight thing, there was a physical factor involved making it worse, your liver.*

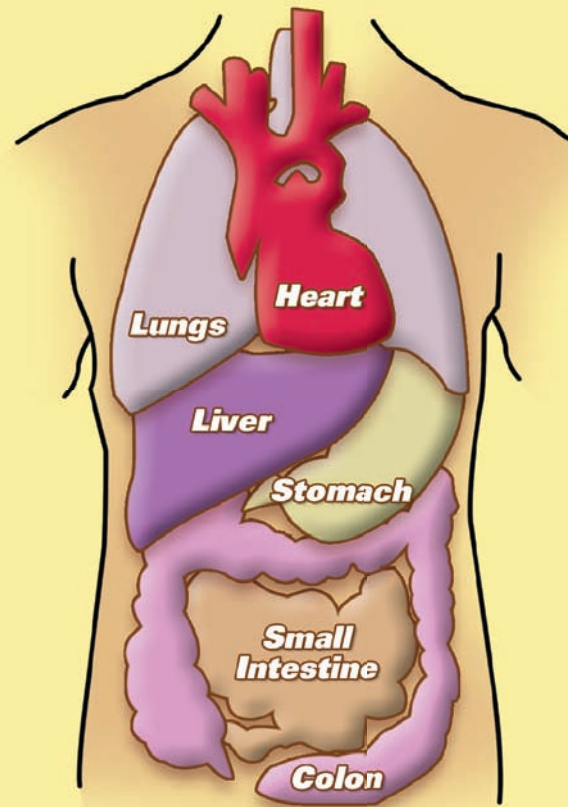
*The Chinese noted 4000 years ago, that emotions go as your liver goes. When the liver is hot, so are your emotions. When the liver is unstressed and cool, you are calm and relaxed. Altered or hot emotions, is the liver's attempt to alert you that it needs help.*

*Think of your liver as an oven. If it is cool, your emotions are even and regular. The hotter the liver gets, the more intense your emotions become.*

*Dyes, preservatives, chemical additives, resins etc., are all explosive fuel for your liver. Enough contact with them will cause your liver to heat. That kind of fuel can keep your liver red hot for hours or days.*

*When your liver is that hot, a small issue can seem like an invasion from Mars!*

## Liver & Body Diagram



### Liver Facts

- Weighs about 1 pound.
- Carries out 1000s of functions per day.
- Effects the emotions.
- Cleanses the blood.
- Helps regulate blood sugar.
- Metabolizes fats.
- Synthesizes vitamin A.
- Breaks down toxic substances.
- Stores iron for the body.
- Stores glycogen (converted glucose).
- Metabolizes carbohydrates.
- Metabolizes proteins.



# Balance Plus™

**In the west,  
we say, "Liver and anger  
are linked."**

**4000 years ago,  
the Chinese correctly said:**

**"Liver and (all)  
EMOTIONS are linked."**

## Meet Your Liver: An Organ behind in its work, and trying to catch up!

Today's high-speed lifestyle is very taxing on the liver. Your liver's job is to analyze and "attempt" to excrete, or turn to fuel, all substances you come in contact with. It supposed to routinely perform 1000's of "life vital functions" around the clock.

But everyday, we ingest countless sticky, foreign, practically useless chemicals, making this job nearly impossible. As a result, the load on the liver keeps increasing.

Our overworked friend, houses the gallbladder, and weighs about a pound.

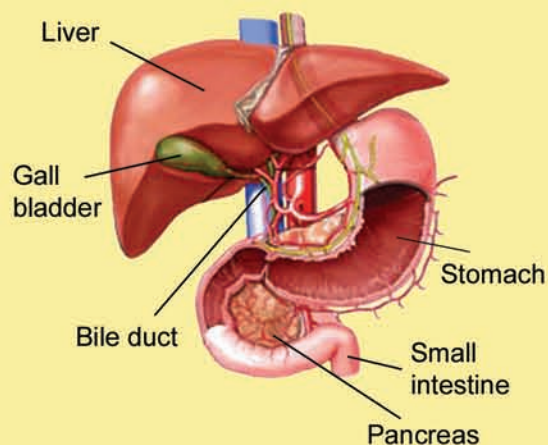
It regulates blood sugar, cleanse the blood, stores iron, metabolize fat, carbohydrates and protein, synthesize vitamin A, and is the lynch pin of your body's immune system.

For many, their liver was overwhelmed by age 10. To fully comprehend the tasks your liver is dealing with right now, imagine you are a gardener, a chemist, a sanitation worker, a housekeeper, a soldier on duty, a warehouse / forklift operator and a grocery store clerk, all at the same time.

**Now imagine you are 5 months behind in your work.**

*"The manual that God wrote; that we were all supposed to receive at birth, explaining how to interpret the body's signals, is out of print."*

— Unknown philosopher from antiquity —



## The Language of your liver: Converting Liver-ease to English.

Your liver has a one-track mind, and only says one thing: **"I-Don't-Like-That!"** But, it says it, 18 different ways.

The #1 way the liver communicates with us is by altering our emotions. Suddenly, things that were right are wrong. Tiny problems are huge. Patience is out the window, and you want to explode, or already have.

Somehow, at a time like this, you are supposed to understand that, that burning feeling, is just your liver saying, "I do not like French Fries!"

Other liver symptoms not to be ignored include; skin or eye irritation, headaches, bad moods or mood swings, low energy, fatigue, foggy thinking, a sore or stiff right shoulder, fuzzy vision, congestion of the nose, sinuses or chest, slow reaction time, mental or emotional stress, insomnia, restless sleep and hot flashes. These symptoms ARE your liver's cries for help.



## What Liver Symptoms Do You Have?

- 1) Right shoulder stiffness, tightness or soreness?
- 2) Irritable or stressed?
- 3) Fuzzy or foggy vision?
- 4) Headaches?
- 5) Poor concentration or focus?
- 6) Itchy, irritated, red or dry eyes?
- 7) Insomnia, restless or rough sleep?
- 8) Fed up with people or have little patience with them?
- 9) Liver problems or hot flashes?
- 10) Dry, bad, itchy, burning or irritated skin?
- 11) A constant itch that never goes away?
- 12) Muddled or muddy thinking?
- 13) Overwhelming moods or emotions?
- 14) Wound up and ready to explode?
- 15) Gallbladder flare ups or issues?
- 16) Use or crave alcohol or spirits?
- 17) Nose, sinus or chest congestion?
- 18) Acne, boils, rashes or breakouts?
- 19) Bothered by answering this question?

**Count your YES answers and see below.**

- |     |  |
|-----|--|
| 0-2 | Excellent, keep up the good work!      |
| 3-6 | Help is recommended.                   |
| 7+  | Serious problem, needs to be resolved. |

## How to use Liver Balance Plus™

### Instructions for Use

**By Symptom:** Take 5 LBP right when you have a liver symptom. Initially, this could be several times a day.

**By practitioner protocol:**  
Follow your practitioner's instructions.

**Intensive:** Every 2 hours take 3-5 tablets. Cutoff time is 7:00 P.M. Note: Always skip one day a week. LBP can be taken with or without food.



## Herbs in Liver Balance Plus™

**Bupleurum Root**  
**Tribulus Terrestris**  
**Atractylodes Root**  
**Ginger Root**  
**Licorice Root**  
**Hyssop Leaf**  
**Chamaelirium Luteum Root**

**Dong Quai**  
**Dandelion Root**  
**Peony Root**  
**Poria Cocos Root**  
**Chinese Mint Leaf**  
**Cayenne Leaf**

**Notes on the formula:** Liver Balance Plus combines 8 Chinese herbs with 5 more that are western. This remarkable mix was tested and re-tested for 8 years prior to its launch. Also, there is no Milk Thistle in LBP, as Milk Thistle, being a "Liver protector" caused the formula not to work.

The livers job is to protect you. If you are protecting it, with Milk Thistle, the liver is isolated from the body. A poor functioning or "protected / isolated" liver, cannot filter waste. Thereby, causing your body to be bathed in all sorts of "raw" substance that are not healthy.

Finally, the liver is armed with the self-defense mechanism of regeneration. It can take up to 25% damage or loss and still rebuild itself.